

Meal Preparation Schedule

Meal Coordinator: _____

Prep & Set-Up

Clean Up

Sunday

Breakfast 1. _____ 1. _____

2. _____ 2. _____

Lunch 1. _____ 1. _____

2. _____ 2. _____

Dinner 1. _____ 1. _____

2. _____ 2. _____

Monday

Breakfast 1. _____ 1. _____

2. _____ 2. _____

Lunch 1. _____ 1. _____

2. _____ 2. _____

Dinner 1. _____ 1. _____

2. _____ 2. _____

Tuesday

Breakfast 1. _____ 1. _____

2. _____ 2. _____

Lunch 1. _____ 1. _____

2. _____ 2. _____

Dinner 1. _____ 1. _____

2. _____ 2. _____



Wednesday

Breakfast	1. _____	1. _____
	2. _____	2. _____
Lunch	1. _____	1. _____
	2. _____	2. _____
Dinner	1. _____	1. _____
	2. _____	2. _____

Thursday

Breakfast	1. _____	1. _____
	2. _____	2. _____
Lunch	1. _____	1. _____
	2. _____	2. _____
Dinner	1. _____	1. _____
	2. _____	2. _____

Friday

Breakfast	1. _____	1. _____
	2. _____	2. _____
Lunch	1. _____	1. _____
	2. _____	2. _____
Dinner	1. _____	1. _____
	2. _____	2. _____



Saturday

Breakfast 1. _____ 1. _____

2. _____ 2. _____

Lunch 1. _____ 1. _____

2. _____ 2. _____

Dinner 1. _____ 1. _____

2. _____ 2. _____

