



Weeklong Meal Preparation Schedule

Meal Coordinator: _____

Day	Meal	Prep & Set Up	Clean Up
Sunday	Supper	1.	1.
		2.	2.
Monday	Breakfast	1.	1.
		2.	2.
	Lunch	1.	1.
		2.	2.
Supper	1.	1.	
	2.	2.	
Tuesday	Breakfast	1.	1.
		2.	2.
	Lunch	1.	1.
		2.	2.
Supper	1.	1.	
	2.	2.	
Wednesday	Breakfast	1.	1.
		2.	2.
	Lunch	1.	1.
		2.	2.
Supper	1.	1.	
	2.	2.	



Weeklong Meal Preparation Schedule

Meal Coordinator: _____

Day	Meal	Prep & Set Up	Clean Up
Thursday	Breakfast	1.	1.
		2.	2.
	Lunch	1.	1.
		2.	2.
		1.	1.
		2.	2.
Friday	Breakfast	1.	1.
		2.	2.
	Lunch	1.	1.
		2.	2.
		1.	1.
		2.	2.
Saturday	Breakfast	1.	1.
		2.	2.

Updated January 2013